

# appendix δ: contents of the companion cd

The companion CD contains most of the figures and exercises from Chapters 1 through 13.

In those exercises that feature a metronome click along with the whistle, the click is heard only in the right channel and the whistle only in the left. As a result, you can adjust the balance of the two, or eliminate either element altogether, by adjusting the left-right balance. “MM” stands for “metronome marking” and indicates the number of beats per minute (bpm).

All selections are played by the author on tin whistle or concertina. Whistle performances are played on a Copeland small D whistle, except for track 5 which is played on an Abell C whistle. Concertina selections are played on a 40-button Wheatstone anglo concertina in D and A, made in London in 1934.

All selections recorded, mixed, edited, and mastered by the author at Sleepy Creek Recording and Grey Larsen Mastering, Bloomington, Indiana, USA, January and February 2003.

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